

mahaanaaraayaNa upanishat

chaturthah prashnaha

om saha naavavattu | saha nou bhunaktu | saha veeryam karavaavahai |
tejasvinaavadheetamastu maa vidvishaavahai | om shaantih shaantih shaantihi ||

ambhasyapaare

ambhasya paare bhuvanasya madhye naakasya prushThe mahato maheeyaan |
shukreNa jyoteegmshi samanupravishTah prajaapatishcharati garbhe antah |
yasminnidagm sam cha vichaiti sarvam yasmimdevaa adhi vishve nisheduh | tadeva
bhootam tadu bhavyamaa idam tadakshare parame vyoman | yenaavrutam kham cha
divam maheemcha yenaadityastapati tejasaa bhraajasaacha | yamantah samudre
kavayo vayamti yadakshare parame prajaah | yatah prasootaa jagatah prasootee
toyena jeevaan vyachasarja bhoomyaam | yadoshadheebhih purushaan pashoogshcha
vivesha bhootaani charaacharaaNi | atah param naanyadaNeeyasagm hi paraatparam
yanmahato mahaantam | yadekam avyaktam anantaroopam vishvam puraaNam
tamasah parastaat ||

tadevartam tadu satyamaahuh tadeva brahma paramam kaveenaam | ishTaapoortam
bahudhaa jaatam jaayamaanam vishvam bibharti bhuvanasya naabhih | tadevaagnih
tadvaayuh tatsooryah taduchandramaah | tadeva shukramamrutam tadbrahma
tadaapa-ssa praajaapatih | sarve-nimeshaa jagyire vidyutah purushaadadhi | kalaa
muhoortaah kaashThaashchaahoraatraashcha sarvashah | ardhamaaasaa maasaa
rutavah samvatsarashcha kalpantaam | sa aapah pradughe ubhe ime antarksham atho
suvaah | nainamoordhva na tiryancham na madhye pariagrabhat | na tasyeshe
kashchana tasya naama mahadyashah ||

na samdrushe tishThati roopam asya na chakshushaa pashyati kashchanainam |
hrudaa maneeshaa manasaabhiKrupto ya enam viduramrutaaste bhavanti |
adbhayssambhootho hiraNyagarbha ityashTou | esha hi devah pradisho~nusarvaah
poorvohi jaata-ssa u garbhe antah | savijaayamaana-ssajanishyamaaNah
pratyangmukhaastishThati vishvatomukhah | vishvatashchakshuruta vishvatomukho
vishvato hasta uta vishvataspaat | sam baahubhyaam namati sampatatratri-
rdyaavaapruhivee janayan deva ekah | venah tatpashya-nvishvaa bhuvanaani vidvaan
yatra vishvam bhavatyekaneeLam | yasminnidagm sam cha vichaikagm sa otah
protashcha vibhuh prajaasu | pratadvoche amrutam nu vidvaan gamdharvo naama
nihitam guhaasu |

treeNi padaa nihitaa guhaasu yastadveda savituh pitaasat | sa no bandhu-janitaa sa
vidhaataa dhaamaani veda bhuvanaani vishvaa | yatra devaa amrutamaanashaanaah
truteeye dhaamaanyabhyairayanta | paridyaavaapruhivee yamti sadyah pari lokaan
pari dishah pari suvaah | rutasya tantum vitatam vichrutyta tadapashyattadabhat
prajaasu | pareetya lokaan pareetya bhootaani pareetya sarvaah pradisho dishashcha |

prajaapatih prathamajaa rutasyaatmanaa~~tmaanamabhi-sambabhoova |
sadasaspatimadbhutam priyamindrasya kaamyam | sanim medhaamayaasisham |
uddeepyasva jaatavedo~paghnnirrutim mama ||

pashoogshcha mahyamaavaha jeevanam cha dishodisha | maano higmseejjaatavedo
gaamashvam purusham jagat | abibhradagna aagahi shriyaa maa paripaataya ||

gaayatree mantraaha

purushasya vidma sahasraakshasya mahaadevasya dheemahi | tanno rudrah
prachodayaat || tatpurushaaya vidmahe mahaadevaaya dheemahi | tanno rudrah ;
prachodayaat || tatpurushaaya vidmahe vakratunDaaya dheemahi | tanno dantih
prachodayaat || tatpurushaaya vidmahe chakratunDaaya dheemahi | tanno nandi
prachodayaat || tatpurushaaya vidmahe mahaasenaaya dheemahi | tannah
shaNmukhah prachodayaat || tatpurushaaya vidmahe suvarNapakshaaya dheemahi |
tanno garuDah prachodayaat || vedaatmanaaya vidmahe hiraNyagarbhaaya dheemahi |
tann brahmah prachodayaat || naaraayaNaaya vidmahe vaasudevaaya dheemahi |
tanno vishNuh prachodayaat || vajranakhaaya vidmahe teekshNadaggshTraaya
dheemahi | tanno naarasigmhah prachodayaat || bhaaskaraaya vidmahe
mahadyutikaraaya dheemahi | tanno aadityah prachodayaat || vaishvaanaraaya
vidmahe laaleelaaya dheemahi | tanno agnih prachodayaat || kaatyayanaaya vidmahe
kanyakumaari dheemahi | tanno durgih prachodayaat ||

doorvaa sooktam

sahasraparamaa devee shatamoolaa shataankuraa | sarvagm haratu me paapam
doorvaa dussvapnanaashanee | kaanDaatkaanDaat prarohamtee parushah parushah
pari |

evaano doorve pratanu sahasreNa shatena cha | yaa shatena pratanoshi sahasreNa
virohasi | tasyaaste deveeshTake vidhema havishaa kyam | ashvakraante rathakraante
vishNukraamte vasundharaa | shirasaa dhaarayishyaami rakshasva maam padepade ||

mruttikaa sooktam

bhoomi-rdhenurdharaNee lokadhaariNee | uddhrutaa~si varaaheNa krushNena shata-
baahunaa | mruttike hana me paapam yanmayaa dushkrutam krutam | mruttike
brahmadattaasi kaashyapenaabhimantritaa | mruttike dehi me pushTim tvayi sarvam
pratishThitam ||

mruttike pratishThite sarvam nirNuda mruttike | tayaa hatena paapena
gacChaami paramaam gatim ||

shatrujaya mantraaha

yata indra bhayaamahe tato no abhayam krudhi | maghavanChagdhi tava tanna ootaye
vidvisho vimrudho jahi | svastidaa vishaspatih vrutrahaa vimrudhovashee | vrushendrah
pura etu na-ssvastidaa abhayankarah | svasti na indro vruddhashravaa-ssvasti na;
pooshaa vishvavedaah | svasti nastaarkshyo arishTanemi-ssvasti no bruhaspati-
rdadhaatu | aapaantamanyu-strupalaprabharmaa dhuni-sshimeevaa-mCharumaagm
rujeeshee | somo vishvaanyatasaavanaani naarvaagindram pratimaanaanidebhuh ||

brahmajagyaanam prathamam purastaa-dviseemata-ssuricho vena aavah |
sabudhniyaa upamaa asya vishThaa-ssatashcha yoni-masatashcha vivah | syonaa
pruthivi bhavaa nruksharaa niveshanee | yacChaa nassharma saprathaah |
gandhadvaaraam duraadharshaam nityapushTaam kareeshiNeem | eeshvareegm
sarva-bhooataanaam taamihopahvaye shriyam | shreerme bhajatu | alakshmeerme
nashyatu | vishNu-mukhaa vai devaashChandobhirimaallokaa-nanapajayya-
mabhyajayan | mahaagm indro vajrabaahushhoDashee sharma yacChatu ||

svasti no maghavaa karotu hantu paapmaanam yo~smaandveshTi | somaanagg
svaRaNam kruNuhi brahmaNspate | kakshieevamtam ya oushijam | shareeram
yagyashamalam kuseedam tasminthseedatu yo~smaandveshTi | charaRaNam pavitram
vitatam puraaRaNam yena starati dushkrutaani | tena pavitreNa shuddhena pootaa ati
paapmaana-maraatim tarema | sajoshaa indra sagaNo marudbhissomam piba
vrutrahanChoora vidvaan | jahi shatroogm rapa mrudho nudasvaathaabhayam kruNuhi
vishvatonah | sumitraana aapa oshadhaya-ssantu durmitraastasmai bhooyaasu-
ryosmaan dveshTi yam cha vayam dvishmah | aapohishThaa mayobhuvastaana oorje
dadhaatana ||

maheraNaaya chakshase | yova-shshivatamo rasa-stasya bhaajayate hanah | ushatee-
riva maatarah | tasmaa arangamaamavo yasyakshayaaya jinvatha | aapo janayathaa
cha nah ||

aghamarshaNasooktam

hiraNyashrungam varuRaam prapadye teertham me dehi yaachitah | yanmayaa bhuktam
asaadhoonaam paapebhyashcha pratigrahaah | yanme manasaa vaachaa karmaNaa
vaa dushkrutam krutam | tanna indro varuNo bruhaspati-ssavitaa cha punantu punah
punah | namo~gnaye~psumate nama indraaya namo varuNaaya namo vaaruNyai
namo~dbhayah ||

yadapaam krooram yadamedhyam yadashaamtam tadapagacChataat | atyaashanaa-
dateepaanaa-dyaccha ugraat pratigrahaat | tanno varuNo raajaa
paaNinaahyavamarshatu | so~hamapaapo virajo nirmukto muktakilbishah | naakasya
prushTham aaruhyaa gacChet brahmasalokataam | yashchaapsu varuNassa
punaatvaghamarshaNah | imam me gange yamune sarasvati shutudri-stomagm
sachataa parushNiyyaa | asikniyyaa marudvrudhe vitastayaa~~jeerkeeye shruNuhyaa
sushomayaa | rutam cha satyam chaabheeddhaa-ttapaso~dhyajaayata | tato
raatrirajaayata tata-ssamudro arNavah ||

samudraadarNavaa dadhi samvathsaro ajaayata | ahoraatraaNi vidadhat vishvasya
mishato vashee | sooryaachandramasou dhaataa yathaapoorvam akalpayat | divam cha
pruthiveem chaantarksha-matho suvah | yatpruthivyaagm rajassvam aantarkshe
virodasee | imaag stadaapo varuNah punaatvaghamarshaNah | punantu vasavah
punaatu varuNah punaatvaghamarshaNah | esha bhootasya madhye bhuvanasya
goptaa | esha puNyakrutaam lokaanesha mrutyor hiraNmayam | dyaavaapruthivyor
hiraNmayagm sagg shritagm suvah ||

sana-ssuva-ssagmshishaadhi | aardram jvalati jyoti-rahamasmi | jyotirjvalati
brahmaaham asmi | yo~ham asmi brahmaaham asmi | aham asmi brahmaaham asmi |
ahamevaaham maam juhomi svaahaa | akaaryakaaryavakeerNee steno bhrooNahaa
gurutalpagah | varuNo~paamaghamarshaNah tasmaat paapaat pramuchyate |
rajobhoomi-stvamaagm rodayasva pravadanti dheeraah | aakraanthsamudrah
prathame vidharmanjanayan prajaa bhuvanasya raajaa | vrushaa pavitre adhisano
avye bruhathsomo vaavrudhe suvaana induh ||

durgaasooktam

jaatavedase sunavaama soma maraateeyato nidahaati vedah | sa nah parshadati
durgaaNi vishvaa naaveva sindhum duritaa~tyagnih |
taamagnivarNaam tapasaa jvalanteem vairochaneem karmaphaleshu jushTaam |
durgaam deveegm sharaNamaham prapadye sutarasi tarase namah | agne tvam
paarayaa navyo asmaanthsastibhirati durgaaNi vishvaa | pooshcha pruthvee bahuLaa
na urvee bhavaa tokaaya tanayaaya shamyoh |
vishvaani no durgahaa jaatavedah sindhunna naavaa duritaa~tiparshi | agne
atrvanmanasaa gruNaano~smaakam bodhyavitaan tanoonaam |
prutanaa jitagam sahamaanamugramagnigm huvema paramaathsad hasthaat | sa nah
parshadati durgaaNi vishvaa kshaamaddevo ati duritaa~tyagnih | pratnoshi kameeDyo
adhvareshu sanaaccha hotaa navyashcha satsi | svaanchaa~gne tanuvam
piprayasvaasmabhyam cha saubhagamaayajasva | gobhirjushTamayujo nishiktam
tavemdra vishNoranusancharema | naakasya prushThamabhi samvasaano
vaishNaveem loka iha maadayantaam ||
varaadityaaya dive svaahaa
om kaatyayanaaya vidmahe kanyakumaari dheemahi | tanno durgih prachodayaat ||

vyaahruti-homamantraaha

bhoo-ranna-magnaye pruthivyai svaahaa bhuvu~nnam vaayave~ntarikshaaya svaahaa
suvaranna-maadityaaya dive svaahaa bhoo-rbhuvassuva-rannam chandramase
digbhy-ssvaahaa namo devebhya-ssvadhaa pitrubhyo bhoo-rbhuvassuva-rannamom ||

bhoo-ragnaye pruthivyai svaahaa bhuvu vaayave~ntarikshaaya svaahaa
suvaraadityaaya dive svaahaa bhoo-rbhuvassuva-shchandramase digbhy-ssvaahaa
namo devebhya-ssvadhaa pitrubhyo bhoo-rbhuvassuva-ragna om ||

bhoo-ragnaye cha pruthivyaai cha mahate cha svaahaa bhuvvaayave
chaantarkshaaya cha mahate cha svaahaa suvaraadityaaya cha dive cha mahate cha
svaahaa bhoo-rbhuvassuva-shchandramase cha nakshatrebhyashshca digbhyashcha
mahate cha svaahaa namo devebhya-ssvadhaa pitrubhyo bhoo-rbhuvassuva-
rmaharom ||

gyaanapraapyaarthaa - homamantraaha

paahi no agna enase svaahaa | paahi no vishvavedase svaahaa | yagyam paahi
vibhaavaso svaahaa | sarvam paahi shatakrato svaahaa ||

paahi no agna ekayaa | paahyuta dviteeyayaa | paahyoorjam truteeyayaa | paahi
geerbhishcha tasrubhi-rvaso svaahaa ||

veda avismaraNaaya japamantraaha

yashChandasaa-mrushabho vishvaroopa-shChandobhya-shChamdaag-syaavivesha |
sachaagm shikyah puro vaachopanisha-dindro jyeshTha indriyaaya rushibhyo namo
devebhya_ssvadhaa pitrubhyo bhoo-rbhuvassuva-shChanda om ||

namo brahmaNe dhaaraNam me astvaniraakaraNam dhaarayitaa bhooyaasam
karNayo-shshrutam maa chyoDhvam mamaamushya om ||

namo brahmaNe dhaaraNam me astvaniraakaraNam dhaarayitaa bhooyaasam
karNayo-shchutam maa chyoDhvam mamaamushya om ||

tapah prashansaa

rutam tapa-ssatyam tapa-shchutam tapa-shshaamtam tapo dama-stapa-shshama-stapo
daanam tapo bhoo-rbhuvassuva-rbrahmyaitadupaasyaitattapah ||

vihiitaacharaNaprashansaa nishiddhaacharaNanindaa cha

yathaa vrkshasya sampushpitasya dooraa-gdandho vaatyevam puNyasya karmaNo
dooraa-gdandho vaati yathaasidhaaraam karte~vahitaa-mavakraame yadyuve yuve
havaa vihvayishyaami kartam patishyaameetyeva-mamrutaa-daatmaanam jugupset ||

daharavidyaa

aNo-raNeeyaanmahato maheeyaa-naatmaa guhaayaam nihito~sya jantoh | tamakratum
pashyati veetashoko dhaatuh prasaadaanmahimaanameesham | sapta praaNaah
prabhavamti tasmaa-thsaptarchishassamidha-ssapta jivhaah | sapta ime lokaa yeshu
charamti praaNaah guhaashayaannihitaa-ssapta sapta | atassamudraa girayashcha
sarve~smaathsyandante sindhava-ssarvaroopaah | atashcha vishvaa oshadhayo
rasaaccha yenaisha bhoota-stishThatyantaraatmaa | brahmaa devaanaam padaveeh
kaveenaa-mrushi-rvipraaNaam mahisho mrugaaNaam | shyeno gruddhraaNaag

svadhiti-rvanaanaagm somah pavitramatyeti rebhann | ajaahamekaam
lohitashuklakrushNaam bahveem prajaam janayamteegm saroopaam | ajo hyeko
jushamaaNo~nushete jahaatyenaam bhuktabhogaamajo~nyah ||

hagmsa-shshuchisha-dvasu-rantarikshasa-ddhotaa vedishadadatithirduroNasat |
nrusha-dvarasa-drutasa-dvyomasa-dabjaa gojaa rutajaa adrijaa rutam bruhat | ghrutam
mimikshire ghrutamasya yoni-rghrute shrito ghruta-muvasya dhaama |
anushvadhamavaaha maadayasva svaahaakrutam vrushabha vakshi havyam |
samudraa-doormirmadhmaagm udaara-dupaagmshunaa samamrutatva-maanaT |
ghrutasya naama guhyam yadasti jivhaa devaanaa-mamrutasya-naabhih | vayam
naama prabravaamaa ghrutenaasmin yagye dhaarayaamaa namobhih | upa brahmaa
shraNavachChasyamaanam chatushshrungo~vameedgoura etat | chatvaari shrungaa
trayo asya paadaa dve sheershe sapta hastaaso asya | tridhaa baddho vrushabho
roraveeti maho devo martyaagm aavivesha ||

tridhaa hitam paNibhi-rguhyyamaanam gavi devaaso ghrutamanvavindan | indra ekagm
soorya ekam jajaana venaa-dekagga svadhayaas nishTatakshuh | yo devaanaam
prathamam purastaadvishaadhiyo rudro maharshih | hiraNyagarbham pashyata
jaayamaanagm sano deva-shshubhayaa smrutyaa samyunaktu | yasmaatparam
naaparamasti kinchi-dyasmaannaNeeyo na jyaayo~sti kashchita | vruksha iva stabdho
divi tishTha-tyekastenedam poorNam purusheNa sarvam | na karmaNaa na prajayaam
dhanena tyagenaike amrutatva-maanashuh | pareNa naakam nihitam guhaayaam
vibhraajadetadyatayo vishanti | vedaantavighyaana-sunishchitaarthaa-ssamnyaasa
yogaadyatayashshuddhasattvaah | te brahmaloketu paraamtakaale
paraamrutaatparimuchyanti sarve | dahram vipaapam parame~shmabhootam
yatpunDareekam puramadhyasaggastham | tatraapi dahram gaganam vishoka-stasmin
yadamtasta-dupaasitavyam | yo vedaadou svarah prokto vedaante cha pratishThitah |
tasya prakruti-leenasya yah parassa maheshvarah ||

naaraayaNa sooktam

sahasra shlrsham devam vishvaaksham vishva shambhuvam | vishvam naaraayaNam
devamaksharam paramam padam | vishvatah paramaannityam vishvam
naaraayaNagm harim | vishvame vedam purusha-stadvishva-mupajlvati | patim
vishvasyaatmeshvaragm shaashvatagm shiva-machyutam | naaraayaNam
mahaagyeyam vishvaatmaanam paraayaNam | naaraayaNa paro jyotiraatmaa
naaraayaNah parah | naaraayaNa param brahma tattvam naaraayaNah parah |
naaraayaNaparo dhyataa dhyaanam naaraayaNah parah | yachcha kinchijjagatsarvam
drushyate shrUyate~pi vaa ||

antarbahishcha tatsarvam vyaapya naaraayaNah sthitah | anantamavyayam kavigm
samudre~ntam vishva shambhuvam | padmakosha pratikaashagm hrudayam
chaapyaadhomukham | adho nishTayaa vitastyante naabhyaaupari tishThati |
jvaalamaalaakulam bhaatl vishvasyaayatanam mahat | santatagm shilaabhishu
lambatyaakosha sannibham | tasyante sushiragm sUkshmam tasmin sarvam
pratithishTitam | tasya madhye mahaanagnirvishvaarchi rvishvatomukhah | so~gra

bhugvi bhajantishTha-nnaahaaramajarah kavih | tiryagUrdhva madhashshaayl
rashmayastasya santataa | santaapayati svam dehamaapaada tala mastakah | tasya
madhye vahnishikhaa aNlyordhvaa vyavasthitah | nllato- yadamadhyasthaa
dvighullekheva bhaasvaraa | nlvaara shUka vattanvl pltaa bhaasvatyaNoopamaa |
tasyaah shikhaayaa madhye paramaatmaa vyavasthitah | sa brahma sa shivah sa harih
sendrah so~ksharah paramah svaraAT ||

aadityamanDale parabrahmopaasanam

aadityo vaa esha etanmanDalam tapati tatrataa ruchastadruchaa manDalagm sa
ruchaam loko~tha ya esha etasminmanDale~rchideepyate taani saamaani sa
saamnaam loko~tha ya esha etasminmanDale~rchishi purusha-staani yajoogmshi sa
yajushaa manDalagm sa yajushaam loka-ssaishaa trayyeva vidyaa tapati ya
esho~ntaraaditye hiraNmayah purushah ||

aadityapurushasya sarvaatmakatva pradarshanam

aadityo vai teja ojo balam yasha-shchakshu-shshrotramaatmaa mano manyu-
rmanurmrutyu-ssatyo mitro vaayu raakaashah praaNo lokapaalah kah kim kam
tathsatyamanna-mamruto jeevo vishvah katama-ssavayambhu brahmaita-damruta esha
purusha esha bhootaanaa-madhipati-rbrahmaNa-ssaayujyagm salokataa-
maapnotyetaasaameva devataanaagm saayujyagm saarshTitaagm samaanalokataa-
maapnoti ya evam vede-tyupanishat ||

shivopaasana-mantraaha

nidhanapataye namah | nidhanapataantikaaya namah | oordhvaaya namah |
oordhvalingaaya namah | hiraNyaaya namah | hiraNyalingaaya namah | suvarNaaya
namah | suvarNalingaaya namah | divyaaya namah | divyalingaaya namah | bhavaaya
namah | bhavalingaaya namah | sharvaaya namah | sharvalingaaya namah | shivaaya
namah | shivalingaaya namah | jvalaaya namah | jvalalingaaya namah | aatmaaya
namah | aatmalingaaya namah | paramaaya namah | paramalingaaya namah |
etathsomasya sooryasya sarva-lingagg sthaapayati paaNimantram pavitram ||

pashchimavaktra-pratipaadakamantraha

sadyojaatam prapadyaami sadyojaataaya vai namo namah | bhave bhave naatibhave
bhavasva maam | bhavodbhavaaya namah ||

uttaravaktra-pratipaadakamantraha

vaamadevaaya namo jyeshThaaya nama-shshreshThaaya namo rudraaya namah
kaalaaya namah kalavikaraNaaya namo balavikaraNaaya namo balaaya namo
balapramathanaaya nama-ssarva-bhootadamanaaya namo manonmanaaya namah ||

dakshiNavaktra-pratipaadakamantraha

aghorebhyo~tha ghorebhyo ghoraghora tarebhyah | sarvebhyo-ssarvasharvebhyo
namaste astu rudraroopebhyah ||

praagvaktra-pratipaadakamantraha

tatpurushaaya vidmahe mahaadevaaya dheemahi | tanno rudrah prachodayaat ||

oordhvavaktra-pratipaadakamantraha

eeshaana-ssarva-vidyaanaa-meeshvara-ssarva-bhootaanaam brahmaa~dhipati-
rbrhmaNo~dhipati-rbrahmaa shivo me astu sadaashivom ||

namaskaaraartha-mantraaha

namo hiraNyabaahave hiraNyavarNaaya hiraNyaroopaaya hiraNyapataye
~mbikaapataye umaapataye pashupataye namo namah ||

rutagm satyam param brahma purusham krushNapingaLam | oordhvaretam
viroopaaksham vishvaroopaaya vai namo namah ||

sarvo vai rudra-stasmai rudraaya namo astu | purusho vai rudra-ssanmaho namo
namah | vishvam bhootam bhuvanam chitram bahudhaa jaatam jaayamaanam cha yat |
sarvo hyesha rudra-stasmai rudraaya namo astu ||

kadrudraaya prachetase meeDhushTamaaya tavyase | vo chema shantamagm hrude |
sarvo hyesha rudra-stasmai rudraaya namo astu ||

agnihotrahavaNyaah upayuktasya vrukshavisheshasyaabhidhaanam

yasya vai kamkalyagnihotrahavaNee bhavati pratyevaa-syaahutaya-stishThantyatho
pratishThityai || kruNushva paaja iti pancha ||

bhoodevataakamantraha

aditi-rdevaa gandharvaa manushyaah pitaro~suraa-steshaagm sarvabhootaanaam
maataa medinee mahataa mahee saavitree gaayatree jagatyurvee pruthvee bahulaa
vishvaa bhootaa katamaa kaayaa saa satyetyamruteti vasishTha h ||

sarvaadevataa aapaha

aapo vaa idagm sarvam vishvaa bhootaanyaapah praaNaa vaa aapah pashava
aapo~nna-maapo~mruta-maapa-ssamraaDaapo viraaDaapa-ssvaraDaapa-
shChandaagsyaapo jyoteeg-shyaapo yajoog-shyaapa-ssatyamaapa-ssarvaa devataa
aapo bhoorbhuva-ssuva-raapa om ||

sandhyaavandana mantraaha

aapah punantu pruthiveem pruthivee pootaa punaatu maam | punantu brahmaNaspati-
rbrahmapootaa punaatu maam | yaducChishTa-mabhojyam yadvaa dushcharitam
mama | sarvam punantu maamaapo~sataam cha pratigrahagg svaahaa ||

agnishcha maa manyushcha manyupatashcha manyukrutebhyah | paapebhyo
rakshamtaam | yadanhaa paapamakaarsham | manasaa vachaa hastaabhyaaam |
padbhyaaamudareNa shishnaa | ahasta-davalumpatu | yatkincha duritam mayi |
idamaham maamamrutayonou | satye jyotishi juhomi svaahaa ||

sooryashcha maa manyushcha manyupatayashcha manyukrutebhyah | paapebhyo
rakshantaam | yadraatriyaa paapamakaarsham | manasaa vaachaa hastaabhyaaam |
padbhyaaamudareNa shishnaa | raatri-stadavalumpatu | yatkincha duritam mayi |
idamaham maamamrutayonou | soorye jyotishi juhomi svaahaa ||

praNavasya rushyaadivivaraNam

omityekaaksharam brahma | agnirdevataa ityaarsham | gaayatram Chandam
paramaatmam saroopam | saayujyam viniyogam ||

gaayatryaavaahana mantraaha

aayaatu varadaa devee aksharam brahmasammitam | gaayatreem Chandasaam
maatedam brahma jushasva me | yadahnaatkurute paapam tadahnaatpratimuchyate |
yadraatriyaatkurute paapam tadraatriyaatpratimuchyate | sarva varNe mahaadevi
sandhyaavidye sarasvati ||

oj~si saho~si balamasi bhraajo~si devaanaam dhaamanaamaasi vishvamasi
vishvaayu-ssarvamasi sarvaayu-rabhibhoorom gaayatree-maavaahayaami saavitree-
maavaahayaami sarasvatee-maavaahayaami Chandarshee-naavaahayaami shriya-
maavaahayaami gaayatriyaa gaayatreeshChando vishvaamitrarushissavita
devataa~gnirmukham brahmaa shiro vishNur-hrudayagm ridra-shshikhaa
pruthiveeyonih praaNaapaanavyaanodaanasamaanaa sapraaNaa shvetavarNaa
saankhyaayanasagotraa gaayatree chaturvigmshatyaksharaa tripadaa shaTkuksih
pancha-sheershopanayane viniyoga om bhooh | om bhuvah | ogn suvah | om mahah |
om janah | om tapah | ogn satyam | om tathsaviturvareNyam bhargo devasya
dheemahi | dhiyo yo nah prachodayaat | omaapo jyotee raso~mrutam brahma bho-
rbhuva-ssuva-rom ||

gaayatree-upasthaanamantraaha

uttame shikhare jaate bhoomyaam parvatamoordhani | braahmaNebhyo~bhyanu
gyaataa gacChadevi yathaasukham | stuto mayaa varadaa vedamaataa
prachodayantee pavane dvijaataa | aayuh pruthivyaam draviNam brahmavarchasam
mahyam datvaa prajaatum brahmalokam ||

aadityadevataa mantraha

ghruNi-ssoorya aadityo na prabhaa vaatyaksharam | madhuksharanti tadrasm |
satyam vai tadrasa-maapo jyotee raso~mrutam brahma bhoo-rbhava-ssuva-rom ||

trisuparNa mantraaha

brahma-metu maam | madhu-metu maam | brahma-meva madhu-metu maam | yaaste
soma prajaavathso~bhiso aham | dushvapnahan durushshaha | yaaste soma praaNaag
staanjuhomi | trisuparNa-mayaachitam brahmaNaaya dadyaat | brahmahatyaam vaa
ete ghnamt | ye braahmaNaa-strisuparNam paThanti | te somam praapnuvanti |
aasahasraat panktim punamti | om ||

brahma medhayaa | madhu medhayaa | brahmameva madhu medhayaa | adyaa no
deva savitah prajaavathsaavee-ssoubhagam | paraa dushvapniyagm suva | vishvaani
deva savita-rduritaani paraasuva | yadbhadram tanma aasuva | madhuvaataa rutaayate
madhuksharanti sindhavah | maadhveerna-ssantvoshadheeh | madhu naktamutoshasi
madhumatpaarthivagm rajah | madhudyourastu nah pitaa | madhumaanno vanaspati-
rmadhmaagm astu sooryah | maadhveergaavo bhavantu nah || ya imam trisuparNa-
mayaachitam brahmaNaaya dadyaat | bhrooNahatyaam vaa ete ghnamt | ye
braahmaNaa-strisuparNam paThamti | te somam praapnuvanti | aasahasraat panktim
punanti | om ||

brahma medhavaa | mahisho mrugaaNaam | shyeno grudhdraaNaag svadhit-
rvanaanaagm somah pavitramatyeti rebhann | hagmsa-shshuchisha_dvasu-
rantarikshasa-ddhotaa vedisha-datithirduroNasat | nrusha-dvarasa-drutasa-dvyomasa-
dabjaa gojaa rutajaa adrijaa rutam bruhat | ruche tvaa ruche tvaa sami-thsraavanti sarito
na dhenaah | antarhrudaa manasaa pooyamaanaah | ghrutasya dhaaraa
abhichaakasheemi | hiraNyayo vetaso madhya aasaam | tasminthsuparNo madhukrut
kulaayee bhaja-nnaaste madhu-devataabhyah | tasyaasate haraya-ssaptateere
svadhaam duhaanaa amrutasya dhaaraam | ya idam trisuparNa-mayaachitam
brahmaNaaya dadyaat | veerahatyaam vaa ete ghnamt | ye braahmaNaa-
strisuparNam paThanti | te somam praapnuvanti | aasahasraat panktim punanti | om ||

medhaa sooktam

medhaadevee jushamaaNaa na aagaa-dvishvaachee bhadraa sumanasyamaanaa |
tvayaa jushTaa nudamaanaa duruktaan bruhadvadema vidathe suveeraah | tvayaa
jushTa rushi-rbhavati devi tvayaa brahmaa~~gatashree-ruta tvayaa | tvayaa jushTa-
shchitram vimdate vasu saano jushasva draviNo na medhe ||

medhaam ma indro dadaatu medhaam devee sarasvatee | medhaam me
ashvinaavubhaa-vaadhhattaam pushkarasrajaa | apsaraasu cha yaa medhaa
gamdharveshu cha yanmanah | daiveem medhaa sarasvatee saa maam medhaa
surabhi-rjushataag svaahaa ||

aamaam medhaa surabhi-rvishvaroopaa hiraNyavarNaa jagatee jagamya |
oorjasvatee payasaa pinvamaanaa saa maam medhaa suprateekaa jushantaam ||

mayi medhaam mayi prajaam mayyagnistejo dadhaatu mayi medhaam mayi prajaam
mayeendra indriyam dadhaatu mayi medhaam mayi prajaam mayi sooryo bhraajo
dadhaatu ||

mrutyunivaaraNa mantraaha

apaitu mrutyu-ramrutam na aaganvaivasvato no abhayam kruNotu | parNam
vanaspate-rivaabhina-shsheeyataagm rayi-ssachataa-nna-shshacheepatih ||

param mrutyo anuparehi panthaam yaste sva itaro devayaanaat | chakshushmate
shruNvate te braveemi maa nah prajaagm reerisho mota veeraan ||

vaatam praaNam manasaa~nvaarabhaamahe prajaapatim yo bhuvanasya gopaah | sa
no mrutyosraayataam paatvagmhaso jyogjeetaa jaraa-masheemahi ||

amutra bhooyaa-dadha yadyamasya bruhaspate abhishasteramumchah |
pratyuhataamashvinaa mrutyu-masmaa-ddevaanaa-magne bhishajaa shacheebhih ||

harigm haramta-manuyanti devaa vishvasyeshaanam vrushabham mateenaam |
brahma saroopa-manumeda-maagaa-dayanam maa vivadhee-rvikramasva ||

shalkairagni-mimdhaana ubhou lokou sanemaham | ubhaylorlokayor rudhvaa~ti
mrutyum taraamyaham ||

maa Chido mrutyo maa vadheermaa me balam vivruho maa pramosheeh | prajaam
maa me reerisha aayu-rugra nruchakshasam tvaa havishaa vidhema ||

maa no mahaantamuta maa no arbhakam maa na ukshamtamuta maa na ukshitam |
maa no vadheeh pitaram mota maataram priyaa maa nastanuvo rudra reerishah ||

maa nastoke tanaye maa na aayushi maa no goshu maa no ashveshu reerishah |
veeraanmaa no rudra bhaamito vadheer-havishmamto namasaa vidhema te ||

prajaapatipraarthanaa mantraha

prajaapate na tvadetaanyanyo vishvaa jaataani paritaa babhoova | yatkaamaaste
juhumastanno astu vayagg syaama patayo rayeeNaam ||

indrapraarthanaa mantraha

svastidaa vishaspati-rvrutrahaa vimrudho vashee | vrushendrah pura etu nassvastidaa
abhayamkarah ||

mrutyunjaya mantraaha

tryambakam yajaamahe sugandhim pushTivardhanam | urvaarukamiva
bandhanaanmrutyormuksheeya maa~mrutaat ||

ye te sahasra-mayutam paashaa mrutyo martyaaya hantave | taan yagyasya maayaya
sarvaa-navayajaamahe || mrutyave svaahaa mrutyave svaahaa ||

paapanivaarakaa mantraaha

devakrutasyainaso~vayajana-masi svaahaa | manushya-krutasyainaso~vayajana-masi
svaahaa | pitrukrutasyainaso~vayajana-masi svaahaa | aatmakrutasyainaso~vayajana-
masi svaahaa | anyakrutasyainaso~vayajana-masi svaahaa |
asmatkrutasyainaso~vayajana-masi svaahaa | yathsvapantashcha
jaagratashchainashchakruma tasyaavayajana-masi svaahaa | yathsushuptashcha
jaagratashchainashchakruma tasyaavayajana-masi svaahaa | yadvidvaagmsa-
shchaavidvaagmsa-shchainashchakruma tasyaavayajana-masi svaahaa | enasa
enaso~vayajana-masi svaahaa ||

vasupraarthanaa mantraha

yadvo devaashchakruma jihvayaa gurumanaso vaa prayutee deva heDanam | araavaa
yo no abhiducChunaayate tasmintadeno vasavo nidhetana svaahaa ||

kaamo~kaarsheeta-manyukaarsheeta mantraha

kaamo~kaarsheennamo namah | kaamo~kaarsheetkaamah karoti naaham karomi
kaamah kartaa naaham kartaa kaamah kaarayitaa naaham kaarayitaa esha te kaama
kaamaaya svaahaa |

manyu-rakaarsheennamo namah | manyu-rakaarsheenmanyuh karoti naaham karomi
manyuh kartaa naaham kartaa manyuh kaarayitaa naaham kaarayitaa esha te manyo
manyave svaahaa ||

virajaahoma mantraaha

tilaanjuhomi sarasaagm sapishTaan gandhaara mama chitte ramantu svaahaa | gaavo
hiraNyam dhana-mannapaanagm sarveshaag shriyai svaahaa | shriyam cha lakshmim
cha pushTim cha keertim chaanruNyataam | brahmaNyam bahuputrataam |
shraddhaamedhe prajaa-ssandadaatu svaahaa ||

tilaah krushNaah tilaa-shvetaah tilaah saumyaa vashaanugaah | tilaah punantu me
paapam yatkinchidduritam mayi svaahaa | chorasyaannam navashraaddham
brahmahaa gurutalpagah | gosteyagm suraapaanam bhrooNahatyaa tilaa shaantigm
shamayamtu svaahaa | shreeshcha lakshmeeshcha pushTeeshcha keertim

chaanruNyataam | brahmaNyam bahuputrataam | shraddhaamedhe prgyaatu
jaatavedah sandadaatu svaahaa ||

praaNaapaana-vyaanopaana-samaanaa me shudhyamtaam jyoti-raham virajaa
vipaapmaa bhooyaasagg svaahaa | vaangmana-shchakshushshrotra-jivhaaghraaN-
reto-buddhyaakootih sankalpaa me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | tvakcharma-maagmsa-rudhira-medē-majja-snaayavo~stheeni
me shudhyamtaam jyoti-raham virajaa vipaapmaa bhooyaasagg svaahaa | shirahpaaNi-
paada-paarshva-prushThoroodara-jangha-shishnopastha-paayavo me shudhyamtaam
jyoti-raham virajaa vipaapmaa bhooyaasagg svaahaa | uttishTha purusha haritapingaLa
lohitaakshi dehi dehi dadaapayitaa me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa ||

pruthivyaapah tejo-vaayu-raakaashaa me shudhyamtaam jyoti-raham virajaa
vipaapmaa bhooyaasagg svaahaa | shabda-sparsha-roopa-rasa-gandhaa me
shudhyamtaam jyoti-raham virajaa vipaapmaa bhooyaasagg svaahaa |
mano_vaaKkaaya-karmaaNi me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | avyaktabhaavai-rahankaaraih jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | aatmaa me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | antaraatmaa me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | paramaatmaa me shudhyamtaam jyoti-raham virajaa
vipaapmaa bhooyaasagg svaahaa | kshudhe svaahaa | kshutpipaasaaya svaahaa |
vivTTyai svaahaa | rugvidhaanaaya svaahaa | kashotkaaya svaahaa |
kshutpipaasaamalam jyeshThaam alakshmeeh naashayaamyaham | abhootim
asamruddhim cha sarvaan nirNuda me paapmaanagg svaahaa | annamaya-
praaNamaya-manomaya-vigyaanamayam aanandamayam aatmaa me shudhyamtaam
jyoti-raham virajaa vipaapmaa bhooyaasagg svaahaa ||

vaishvadeva mantraaha

agnaye svaahaa | vishvebhyo devebhyah svaahaa | dhruvaaya bhoomaaya svaahaa |
dhruvakshitaye svaahaa | achyutakshitaye svaahaa | agnaye svishTakrute svaahaa |
dharmaaya svaahaa | adharmaaya svaahaa | adbhyah svaahaa | oshdhivanaspatichyah
svaahaa ||

rakshodevajanebhyah svaahaa | gruhyaabhyah svaahaa | avasaanebhyah svaahaa |
avasaanapatibhyah svaahaa | sarva-bhooTebhyah svaahaa | kaamaaya svaahaa |
antarikshaaya svaahaa | yadejati jagati yachcha cheshTati naamno bhaago~yam
naamne svaahaa | pruthivyai svaahaa | antarikshaaya svaahaa |

dive svaahaa | sooryaaya svaahaa | chandramase svaahaa | nakshatrebhyah svaahaa |
indraaya svaahaa | bruhaspataye svaahaa | prajaapataye svaahaa | brahmaNe
svaahaa | svadhaa pitrubhyah svaahaa | namo rudraaya pashupataye svaahaa ||

devebhyah svaahaa | pitrubhyah svadhaa~stu | bhooTebhyo namah | manushyebhyo
hantaa | prajaapataye svaahaa | parameshThine svaahaa | yathaa koopah

shatadhaarah sahasradhaaro akshitah | evaa me astu dhaanyagm
sahasradhaaramakshitam | dhanadhaanyai svaahaa | ye bhootaah pracharanti
divaanaktam balim icChanto vitudasya preshyaah | tebhyo balim pushTikaamo haraami
mayi pushTim pushTipatih dadhaatu svaahaa |

om tadbrahma | om tadvaayuh | om tadaatmaa | om tathsatyam | om tathsarvam | om
tatpuro-rnamah | antashcharati bhooteshu guhaayaam vishva moortishu | tvam
yagyastvam vashaTkaarah tvamindrah tvagm rudrah tvam vishNuh tvam brahma tvam
prajaapatih | tvam tadaapa aapo jyotee raso~mrutam brahma bhoo-rbhuvah suvarom ||

praaNaahuti mantraaha

shraddhaayaam praaNe nivishTo~mrutam juhomi | shraddhaayaamapaane
nivishTo~mrutam juhomi | shraddhaayaam vyane nivishTo~mrutam juhomi |
shraddhaayaamudaane nivishTo~mrutam juhomi | shraddhaayaagm samaane
nivishTo~mrutam juhomi | brahmaNi ma aatmaa~mrutatvaaya | amrutopastaraNamasi |
shraddhaayaam praaNe nivishTo~mrutam juhomi | shivo maa vishaapradaahaaya |
praaNaaya svaahaa ||

shraddhaayaamapaane nivishTo~mrutam juhomi | shivo maa vishaapradaahaaya |
apaanaaya svaahaa | shraddhaayaam vyane nivishTo~mrutam juhomi | shivo maa
vishaapradaahaaya | vyanaaya svaahaa | shraddhaayaam udaane nivishTo~mrutam
juhomi | shivo maa vishaapradaahaaya | udaanaaya svaahaa | shraddhaayaagm
samaane nivishTo~mrutam juhomi | shivo maa vishaapradaahaaya | samaanaaya
svaahaa | brahmaNi ma aatmaa~mrutatvaaya | amrutaapidhaanamasi ||

bhuktaannabhimantraNa mantraaha

shraddhaayaam praaNe nivishyaamrutagm hutam | praaNamannenaapyaayasva |
shraddhaayaamapaane nivishyaamrutagm hutam | apaanam annenaapyaayasva |
shraddhaayaam vyane nivishyaamrutagm hutam | vyaanam annenaapyaayasva |
shraddhaayaam udaane nivishyaamrutagm hutam | udaanam annenaapyaayasva |
shraddhaayaagm samaane nivishyaamrutagm hutam | samaanam annenaapyaayasva ||

bhojanaante aatmaanusandhaana mantraah

angushThamaatrah purusho~ngushTham cha samaashritah | eeshah sarvasya jagatah
prabhuh preeNaati vishvabhuk ||

avayavasvasthataa praarthanaa mantrah

vaangma aasan | nasoh praaNah | akshyoh chakshuh | karNayoshshrotram | baahuvo
balam | ooruvo ojah | arishTaa vishvaanyangaani tanooh | tanuva me saha namaste
astu maa maa higmseeh ||

indrasaptarshi samvaada mantraha

vayah suparNaa upasedu-rindram priyamedhaa rushayo naadhamaanaah |
apadhvaantamoorNuhi poordhi chakshuh mumugdhyasmaannidhaye~va baddhaan ||

hrudayaalambhana mantraha

praaNaanaam granthirasi rudro maa vishaantakah | tenaannenaapyaayasva ||

devataapraaNaniroopaNa mantraha

namo rudraaya vishNave mrutyurme paahi ||

agnistuti mantraha

tvamagne dyubhih tvam aashushukshaNih tvam adbhyah tvam ashmanaspari | tvam
vanebhyah tvam oshadheebhyah tvam nruNaam nrupate jaayase shuchih ||

abheeshTayaachanaa mantraha

shivena me santishThasva syonena me santishThasva subhootena me santishThasva
brahmavarchasena me santishThasva yagyasyardhi-manu santishThasvopa te yagya
nama upa te nama upa te namah ||

paratattva niroopaNam

satyam param paragm satyagm satyena na suvargaa-llokaacchyavante kadaachana
sataagm hi satyam tasmaat satye ramante tapa iti tapo naanashanaatparam yaddhi
param tapa-staddurdharsham tadduraaghharsham tasmaa-tapasi ramante dama iti
niyatam brahmachaariNa-stasmaa-ddame ramante shama ityaraNye munaya-
stasmaacChame ramante

daana-miti sarvaaNi bhootaani prashagmsamti danna-nnaati dushcharam tasmaa-
ddane ramante dharma iti dharmeNa sarva-midam parigruheetam
dharmaannaatidushkaram tasmaa-ddharme ramante

prajana iti bhooyaagmsa-stasmaadbhooyishThaah prajaayante tasmaadbhooyishThaah
prajanane ramante~gnaya ityaha tasmaa-dagnaya aadhaatavyaa

agnihotra-mityaaha tasmaa-dagnihotre ramante yagya iti yagyo hi devaa-
stasmaadyagye ramante maanasa-miti vidvaagmsa-stasmaa-dvidvaagmsa eva
maanase ramante

nyaasa iti brahmaa brahmaa hi parah paro hi brahmaa taani vaa etaanyavaraaNi
paraagmsi nyaasa evaatyarechayadva evam vede-tyupanishat ||

gyaanasaadhana niroopaNam

praajaapatyo haaruNi-ssuparNeyah prajaapatim pitara-mupasasaara kim bhagavamtah paramam vadamteeti tasmai provaacha

satyena vaayu-raavaati satyenaadityo rochate divi satyam vaachah pratishThaa satye sarvam pratishThitam tasmaat satyam paramam vadanti tapasaa

devaa devataa-magra aayan tapasarshayassuvaranvavindan tapasaa sapatnaan praNudaamaaraatee-stapasi sarvam pratishThitam tasmaattapah paramam vadanti damena daantaah kilbisha-mavadhoonvanti damena brahmachaariNa-ssuvaragacChan damo bhootaanaam duraadharsham dame sarvam pratishThitam tasmaaddamah paramam vadanti shamena shaantaa-shshiva-maacharanti shamena naakam munayo~nvavimdanChamo bhootaanaam duraadharshanChame sarvam pratishThitam tasmaacChamah paramam vadamti

daanam yagaanaam varootham dakshiNaa loke daataaragm sarvabhootaanyupajeevanti daanenaaraatee-rapaanudanta daanena dvishanto mitraa bhavanti daane sarvam pratishThitam tasmaa-ddaanam paramam vadanti

dharma vishvasya jagatah pratishThaa loke dharmishTham prajaa upasarpanti dharmeNa paapaa-mapanudati dharme sarvam pratishThitam tasmaa-ddharmam paramam vadanti

prajananam vai pratishThaa loke saadhuprajaayaa-stamtum tanvaanah pitruNaa-manruNo bhavati tadeva tasyaa anruNam tasmaat prajananam paramam vadamtyagnayo vai trayee vidyaa

devayaanah panthaa gaarhapatya rukpruthivee rathantara-manvaahaaryapachanam yaju-rantariksham vaamadevya-maahavaneeyassaama suvargo loko bruhattasmaa-dagneen paramam vadamtyagnihotragm saayam praatargruhaaNaam nishkruti-ssvishTagm suhutam yagyakratoonaam praayaNagm suvargasya lokasya jyoti-stasmaa-dagnihotram paramam vadanti

yagya iti yagyena hi devaa divam gataa yagyaasuraa-napaanudanta yagyaena dvishamto mitraa bhavanti yagye sarvam pratishThitam tasmaadyagyam paramam vadani maanasam vai prajaapatyam pavitram maanasena manasaa saadhu pashyati maanasaa rushayah prajaa asrujanta maanase sarvam pratishThitam tasmaanmaanasam paramam vadanti

nyaasa ityaahurmaneeshiNo brahmaaNam brahmaa vishva katama-ssvayambhu prajaapati-ssamvathsara iti samvathsaro~saavaadityo ya esha aaditye purusha-ssa parameshThee brahmaatmaa

yaabhiraaditya-stapati rashmibhistaabhih parjanyo varshati parjanyenoushadhi-vanaspatayah prajaayanta oshadhivanaspatichi-rannam bhavatyennena praaNaah

praaNai-rbalam balena tapa-stapasaa shraddhaa shraddhayaa medhaa medhayaa
maneeshaa maneeshayaa mano manasaa shaanti-shshaantyaa chittam chittena
smrutigg smrutyaa smaaragg smaareNa vigyaanam vigyaanenaatmaanam vedayati
tasmaa-dannam dadanthsarvaaNyetaani dadaatyannaat praaNaa bhavanti

bhooataanaam praaNai-rmano manasashcha vigyaanam vigyaanaa-daanando
brahmayoni-ssa vaa esha purushah panchadhaa panchaatmaa yena sarva-midam
protam pruthivee chaantarksham cha dyoushcha dishashchaavaantaradishaashcha sa
vai sarva-midam jagathsa sabhootagm sa bhavyam jigyaasaklrupta rutajaa-rayishThaa

shraddhaa satyo mahasvaan tapaso parishThaad gyatvaa tamevam manasaa hrudaa
cha bhooyo na mrutyu-mupayaahi vidvaan tasmaannyaasa-meshaam tapasaa-
matiriktamaahu-rvasuraNvo vibhoorasi praaNe tvamasi sandhaataa

brahman tvamasi vishvadhruttejodaa-stvamasyagni-rasi varchodaa-stvamasi sooryasya
dyumnodaa-stvamasi chandramasa upayaamagruheeto~si brahmaNe tvaa

mahaha omityaatmaanam yunjeetaitadvai mahopanishadam devaanaam guhyam ya
evam veda brahmaNo mahimaana-maapnoti tasmaadbrahmaNo mahimaana-
mityupanishat ||

gyaanayagya

tasyaivam vidusho yagyasyaatmaa yajamaana-shshraddhaapatnee shareera-
midhmamuro vedi-rlomaani barhi-rveda-shshikhaa hrudayam yoopah kaama aajyam
manyuh pashu-stapo~gni-rdama-shshamayitaa dakshiNaa-vaagdhota praaNa
udgaataa

chakshuradhvaryu-rmano brahmaa shrotramagnee-dyaavaddhriyate saa deekshaa
yadashnaati taddhavi-ryatpibati tadasya somapaanam yadramate tadupasado
yathsamcha-ratyupavishatyuttishThate cha sapravargyo yanmukham tadaahavaneeyo
yaa vyaaahruti-raahuti-ryadasya

vigyaanam tajjuhoti yathsaayam praataratti tathsamidham yatpraatarmadhyandinagm
saayam cha taani savanaani ye ahoraatre te darshapoorNamaasou
yardhamaasaashcha maasaashcha te chaaturmaasyaani ya rutavaste pashubandhaa
ye samvathsaraashcha parivathsaraashcha te~hargaNaassarvavedasam vaa

etathsatram yanmaraNam tadaavabhrutha etadvai jaraamaryamagnihotragm satram ya
evam vidvaa-nudagayane prameeyate devaanaameva mahimaanam gatvaa~~dityasya
saayujyam

gacChatyatha yo dakshiNe prameeyate pitruNaa-meva mahimaanam gatvaa
chandramasassaayujyagm salokataa-maapnotyetou vai sooryaachandramaso-
rmahimaanou brahmaNo vidvaa-nabhijayati tasmaadbrahmaNo mahimaana maapnoti
tasmaadbrahmaNo mahimaanam ||

om saha naavavatu | saha nou bhunaktu | saha veeryam karavaavahai |
tejasvinaavadheetamastu maa vidvishaavahai |

om shaantih shaantih shaantihi ||